



**Boys and Girls Club of Fort Saskatchewan**

**Parent & Community Info Series Presents:**

# Understanding and Managing Your Childs Anger



For caregivers of children 6yrs and older

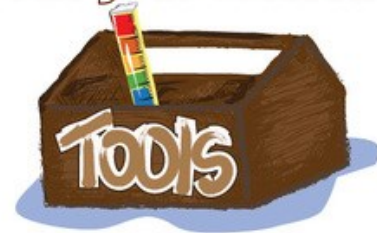
**Thursday January 26, 2016**

**6:30pm - 8:30pm @ Boys and Girls Club of Fort Sask. \*No Cost**

**Join us to learn more about:**

- Strategies to support children manage strong emotions
- Ideas for healthy ways to express feelings
- Create an action plan
- Take home tools and activities
- Learn more about our groups for children

Fill your toolbox.



Coffee, refreshments and light snacks will be provided for your enjoyment

For more information or to register please call **Heather @ 780-992-0103** or  
**email:saskco2@telus.net.**

\*Child care provided. Please inquire at time of registration.