

## **Boys and Girls Club of Fort Saskatchewan Parent & Community Info Series Presents:**

## Understanding and Managing Your Childs Anger

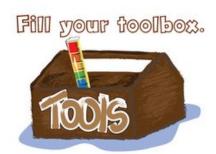
For caregivers of children 6yrs and older

## Thursday September 29th 2016

6:30pm - 8:30pm @ Boys and Girls Club of Fort Sask. \*No Cost

## Join us to learn more about:

- Strategies to support children manage strong emotions
- Ideas for healthy ways to express feelings
- Create an action plan
- Take home tools and activities
- Learn more about our groups for children



Coffee, refreshments and light snacks will be provided for your enjoyment

For more information or to register please call **Heather** @ 780-992-0103 or email:saskco2@telus.net.

\*Child care provided. Please inquire at time of registration.