



2016 Fall Parent & Community Info Series

The Boys and Club of Fort Saskatchewan, in partnership with various community agencies, is pleased to present several no cost workshops for parents/caregivers and community members.

Understanding and Managing your Childs Anger

Thursday September 29th ~ 6:30pm—8:30pm or Thursday January 26th ~ 6:30pm—8:30pm

We invite parents/ caregivers of children 6yrs and older to gain a better understanding of the feeling anger. Learn effective strategies to support children in managing their anger. Create an action plan and receive take home tools and resources to use in everyday life.

Child Custody and Parenting

Wednesday October 12th ~ 6:30pm– 8:00pm

Come join the **Edmonton Community Legal Centre** and an experienced **Family Law Lawyer** to understanding family law and learn how you can navigate the court processes surrounding custody, guardianship, and parenting plans.

Child and Spousal Support

Thursday October 13th ~ 6:30pm –8:00pm

Come join the **Edmonton Community Legal Centre** and an experienced **Family Law Lawyer** to understand family law and learn how you can navigate the court processes involved in applying for child and/or spousal support.

Supporting Children with Attention Challenges

Wednesday November 9th ~ 6:30pm - 8:30pm

We invite parents/caregivers to learn strategies to support children 6yrs and older who experience challenges with focusing attention and managing impulsivity. Understand attentional problems and how the brain works. Take away coping strategies and resources for success at home.

The Five Love Languages

Wednesday February 22nd ~ 6:30pm - 8:30pm

Explore the different styles of how we communicate love to our partners and children. You will be introduced to the book “The 5 Love Languages of Children” written by Gary Chapman. Through the use of the 5 languages, parent/families will notice the improvement of children’s behavior and strengthen the bonds within the family.

Parenting in Blended Families

March 2017

Join **The Family Centre** in developing strategies for a more positive co-parenting experience. Learn about the roles of the natural and step parents as well as your child's response to breakups prior to current in home relationships. Practice skills to communicate with co parents, manage conflict and solve everyday problems.

For more information or to register please call **Heather @ 780-992-0103**
or email: **saskco2@telus.net**.

* Childcare provided. Please inquire at time of registration